

# Butternut Squash Chili

## Shopping List

### Single Recipe

- 1 ½ lbs butternut squash, peeled and cubed
- 1 (15 oz) cans black beans, drained and rinsed
- 1 (4 oz) can green chilis
- 1 medium onion, chopped
- 2 carrots, peeled and chopped
- 2 (14 oz) cans diced tomatoes
- 3 TBS chili powder
- 1 TBS cilantro

### Double Recipe

- 3 lbs butternut squash, peeled and cubed
- 2 (15 oz) cans black beans, drained and rinsed
- 2 (4 oz) cans green chilis
- 2 medium onions, chopped
- 4 carrots, peeled and chopped
- 4 (14 oz) cans diced tomatoes
- 6 TBS chili powder
- 3 TBS cilantro

### Triple Recipe

- 4 1/2 lbs butternut squash, peeled and cubed
- 3 (15 oz) cans black beans, drained and rinsed
- 3 (4 oz) can green chilis
- 3 medium onions, chopped
- 6 carrots, peeled and chopped
- 6 (14 oz) cans diced tomatoes
- ½ cup + 1 TBS chili powder
- ½ cup cilantro

### x 10

- 15 lbs butternut squash, peeled and cubed
- 10 (15 oz) cans black beans, drained and rinsed
- 10 (4 oz) can green chilis
- 10 medium onions, chopped
- 20 carrots, peeled and chopped
- 6 (14 oz) cans diced tomatoes
- 1 ¾ cup chili powder
- 1 ¾ cup cilantro, chopped

Notes: \_\_\_\_\_

---

---

---

---

---

---

---

---